



The Deering Weekly Update



FOUNDATION FOR
PORTLAND
PUBLIC SCHOOLS

Several applicants from Deering were awarded grant monies from the Foundation for Portland Public Schools. Anne Dixon is using her grant money to purchase Spanish language class libraries for voluntary reading; Kat Robertson is purchasing sculpting tools; and Sarah Shmitt won a grant to pay for faculty training in mindfulness and SEL techniques. Also of note, sophomores Owen Richards and Mimi Banksmith won a \$1000 grant from UNUM to stock the Ramily Market. Congratulations, All!

November 19, 2018- edition 7 Vol 3. Warm and restorative Thanksgiving wishes from the staff at Deering to our school community. If you have a moment, check out the [real story of Thanksgiving](#). It isn't what you were taught in school.

For Deering's Sport Schedules, visit www.deeringathletics.com

| Date | Event and Info | Time | Location | Notes |
|---|--|------------|--|--|
| Monday, Nov 19 | WINTER SPORTS SIGN UPS <i>Sports begin Monday, Nov 19</i> | Continuous | SEE BULLETIN BOARD outside athletic office | To play, you must sign up at www.familyid.com |
| Monday, Nov 19 | PTO MTG | 6-7:30 | DEERING LIBRARY | Guest speaker: Principal Gregg Palmer. TOPIC: DHS as a Global School |
| Tues, Nov. 27, Wed. Nov 28, Thurs. Nov 29 | <u>FREE COLLEGE PREP SERIES</u> for adults and students | 5 - 8 pm | Gateway Community Services, 501 Forest Ave | Three evenings that cover college interviews; college essays; and paying for college |

Backpacks are a constant need for DHS student community members.

If you have any backpacks that you don't need, please bring them to the front desk at DHS. They will be well used.

Thank you!

*****IMPORTANT HEALTH INFORMATION*****

PARENTS OF SENIORS:

Please provide proof of your student's meningococcal vaccine to Deering's school nurse, Deb Tanguay, by DECEMBER 1, 2018.

"The state has issued new requirements for vaccinations:

Two doses of MCV4 are required for students entering 12th grade, with a minimum of 8 weeks between dose one and dose two. If the first dose was administered on or after the 16th birthday, a second dose is not required. If a student entering 12th grade is 15 years of age or younger, only one dose is required.

Starting in 2018-19, all students entering, advancing, or transferring into 7th grade and 12th grade in Maine public schools must have proof that they have appropriate meningococcal vaccines (MCV4) serogroups M, C, V and Y."

YEARBOOK INFORMATION

****Last year's Yearbooks (2018) are available for 1/2 price \$35. Please see Mr. Lawless if interested.**

****The 2019 Yearbooks are for sale for \$70. You can order online or see Mr. Lawless. Online--YBPAY.LIFETOUCH.COM and the code is 11227419.**

****Senior pictures & quotes need to be submitted by **Dec. 6th****

deeringyearbook2019@gmail.com.

Quotes & messages need to be appropriate and you will not have a second opportunity if your message is pulled.



The Deering Student Based Health Center will be offering flu shots. Students can schedule with the School Nurse or directly with the health center. Students can pick up permission forms from the health center or school nurse.

Forms are also available on the school nurse website. If your student is not enrolled in the health center please attach a copy of your insurance card.

Debra Tanguay RN

STEM Newsletter Items (newsletter with past announcements is [here](#))

For those interested in
Science, Technology, Engineering and Math at Deering
from Ms Karen Shibles

Week of 11/18/18

STEM ELOs:

- ON Semiconductor and Southern Maine CC are hosting a three-day program for students who want to know more about technology careers. The program, [SEMI High Tech U](#), will provide students a chance to work directly with tech professionals, participate in fun workshops, and hear about different pathways from school to work. They provide great food and all the supplies; students must bring a positive attitude, career questions, and a willingness to learn. This program takes place December 6-8th and is open to sophomores, juniors and seniors with average-to-good grades who can commit to attending all three days. See details and application online at the provided link. Click here for [program flyer](#).
- **The Brain Talks** session originally scheduled for Friday, November 16th has been rescheduled for Friday, December 7th during WINN.
- A 4-week, hands-on ELO on **3D printing** will take place during WINN on the following Fridays: 11/30, 12/7, 12/14, and 12/21. Students' DC teacher can book them for this ELO with Mrs. Shibles in room 116 (makerspace).

From 11/12/18:

- The University of Maine at Augusta will be hosting an Architecture Info Day, on Saturday December 8th from 9:30 am-noon. This event will take place at UMA's Handley Hall located in Augusta, Maine and prospective students, families, and counselors are all invited to attend. UMA's Bachelor of Architecture (B.Arch) program offers the only professional architecture degree in Maine and is the only public 5-year professional degree in northern New England. For more information and to RSVP [click here](#). Please contact the UMA Admissions Office at (207) 621-3465 with any questions.
- MMCRI (Maine Medical Center Research Institute) in Scarborough is hosting a program for girls who are the first in the family to think about going to college/new to the United States and not yet been exposed to potential careers in STEM/from an underrepresented minority in the field of STEM. Their program, entitled **STEM Goes Red**, is a daylong event that will take place at MMRCI on Wednesday, December 5th. Transportation and food will be provided. Interested **sophomores** and **juniors** can sign up with Mr. McLean in room 301 **ASAP**. There are limited spots for this event.

STEM Scholarship Opportunities:

- The Maine Chapter of WTS (Women in Transportation) fosters the development of women and girls in the transportation field by encouraging bright new professionals and students to undertake technical careers in the area of transportation. One way this is accomplished is by awarding the WTS – Maine High School Scholarship to young women pursuing undergraduate studies in science, technology, engineering, or math. WTS – Maine Chapter works to make a difference in our communities by offering this scholarship to encourage highly motivated young women to explore exciting careers that will change the face of the transportation industry. This year, the Maine Chapter will be offering two High School Scholarships. The first is for \$2,500 and the second is for \$1,000. Applications can be picked up in room 303 with Mrs. Shibles. Deadline to apply is February 15, 2019.
- A 4-week, hands-on ELO on **3D printing** will take place during WINN on the following Fridays: 11/30, 12/7, 12/14, and 12/21. Students' DC teacher can book them for this ELO with Mrs. Shibles in room 116 (makerspace).

STEM Scholarship Opportunities:

- [Science Ambassador Scholarship](#) for female students who are passionate about STEM. **DEADLINE** December 11, 2018 @ midnight CST.

- [Society of Women Engineers](#) provides financial assistance to women admitted to accredited baccalaureate or graduate programs, in preparation for careers in engineering, engineering technology and computer science.
- The Jackson Lab, through [the Jackson Lab College Scholarship Program](#), will award a \$10,000 scholarship to three students from underserved backgrounds who will pursue a college degree and aspire to a career in biomedicine. This new program is open to graduating high school seniors who reside in Connecticut, Maine, or in Sacramento County, California. One student from each location will be awarded this scholarship. Interested students must ask a teacher to submit an online nomination on their behalf, before February 1, 2019.
- Tyler Technologies is once again sponsoring the Maine App Challenge. The [2019 Maine App Challenge](#) is an opportunity for Maine high school students to build a mobile application, make connections with professional software developers and designers, and compete for **\$10,000 in college scholarships**. The school with the most submissions also wins **\$500**. Interested students are encouraged to register for email updates and check the STEM Endorsement Google Classroom for helpful links/tutorials. Deadline to submit entries is **May 20, 2019**.
- The **MERITS** ([Maine Research Internships for Teachers and Students](#)) Program provides summer research opportunities for highly motivated high school **juniors** who are interested in science, technology, engineering and mathematics (STEM) careers to experience “real-time” applications of STEM in a research-focused work world at host institutions conducting research and technology development. This program seeks to expose students to career opportunities in Maine and to provide a direct way by which Maine businesses and research communities can attract young people with high potential for possible future employment. A limited number of research internships for the summer of 2019 are available. **Applications due by January 31, 2019**. Contact Jana Hall with questions Jana.hall@msgc.org
- High school seniors who plan on attending UMaine to study engineering or engineering technology should check out the Pulp & Paper Merit-Based Scholarships that are offered. To learn about eligibility requirements and the application process, go to mainepulpaper.org. Deadline to apply is December 31, 2018.
- [ACE Mentor program](#), a free after-school program that gives high school students a hands-on introduction to architecture, construction management and engineering, is hosting their first meeting Wednesday, Sept. 12th from 3:30-5:00 at Baxter Academy. Can't go this week? Don't worry - they meet every Wednesday. See Mrs. Shibles in room 303 for registration information and a calendar or check out the provided link.
- Maine Medical Center's [Health Career Pipeline](#) Program is “an effort to reach out to diverse youth and young adults in all Maine communities to enhance and stimulate an interest in health careers and encourage individuals to keep those careers in Maine.” Students 16 or

older can set up job shadowing experiences. See the details on their website. Proof of specific vaccinations as well as a confidentiality statement are required.

- Please note that Maine Medical Explorers program is on hold until the Spring of 2019.
- ON Semiconductor and Southern Maine CC are hosting a three-day program for students who want to know more about technology careers. The program, [SEMI High Tech U](#), will provide students a chance to work directly with tech professionals, participate in fun workshops, and hear about different pathways from school to work. They provide great food and all the supplies; students must bring a positive attitude, career questions, and a willingness to learn. This program takes place November 6-8th and is open to sophomores, juniors and seniors. See details and application online at the provided link. Apply by Friday, October 12th.
- Encourage your student to join the STEM Endorsement Google Classroom for program requirements, ELO trackers, and general announcements. Code: [xa03aiv](#)

It's time for students to start preparing for *Poetry Out Loud!*

Deering's annual recitation contest! It will take place on Thursday, December 6th, although students must sign up by Friday, November 30th. See Ms. Hall, Ms. Genre, or Ms. Callaghan to sign up or to find out more.

Welcome to Hannaford Helps Schools 2018

This year, we're celebrating 20 years of collaborating with schools to help schoolkids reach their goals. We appreciate your continued partnership and if you're new to the program, we welcome you!

Between 9/2/18 and 12/1/18, with the purchase of 4 participating Hannaford Helps Schools items, a customer will receive a printout for 3 school dollars at the register. The customer can place that printout into your school's slot in the Hannaford Helps Schools collection tower, located at the front of the store that your school is registered with. Additionally, Hannaford will donate \$1,000 to each school that earns the most dollars from their store location!

Last year Deering received \$1,107 from this event. Our registered store is the Forest Avenue branch located next to Back Cove here in Portland.

Please consider donating your slips to us. They can be placed in the Deering slot in the display located at the front of the store...

Thank you for helping Deering !!

PARENT GROUPS

> **PTO:** The PTO meets the second Monday of every month (second Tuesday when there is a Monday holiday) in the library from 6:00-7:30. Email us at DeeringsPTO@gmail.com Ample parking and elevator access are available.

Monday, November 19. International Curriculum and ISSN at DHS, Principal Gregg Palmer.

- **Upcoming meeting dates:** Mon. 12/17, 6-7:30. Meetings in 2019: Tues. 1/22, Mon. 2/25, Mon. 3/18, Mon. 4/22, Mon. 5/20, Mon. 6/17. 6 -7:30 PM DHS Library. Topics not yet decided – what do you want to discuss and/or hear about?

Contact us at Deeringspto@gmail.com

> **Deering Boosters:** The Boosters will meet the first Wednesday of every month in room 219 from 6-7 pm; our next meeting is on December 5 .

BOTTLE DRIVE!!!

*The Class of 2021 will be holding a bottle drive on **Saturday November 24th**, starting at **noon** in front of DHS.*

If you would like to drop off bottles before Thanksgiving break they can be brought to room 302.

PROJECT GRADUATION NEEDS YOU!!

Calling ALL Parents/Guardians/family members and DHS students!

The Project Grad Planning Committee is in GREAT need of volunteers to help at **The Maine State Football Game** held at Fitzpatrick Stadium on **Saturday, November 17th from**

9am-9pm - in 3 hour shifts. This is the **largest fundraiser for Project Graduation**. No experience needed!

Please contact Mr. Cherry for more information at cherrf@portlandschools.org or sign up using the following link <https://m.signupgenius.com/#!/showSignUp/70a0f48aaaf2aa0fd0-2018>

We thank you in advance for helping out with this fantastic opportunity for our 2019 graduating class!

- Email us @DHSPProjectGrad2019@gmail.com and cc cherrf@portlandschools.org
- Visit our Facebook page for upcoming events and meeting reminders.
<https://www.facebook.com/DHSPProjectGrad19/>
- Shop for swag items to support Project Graduation @
<https://www.facebook.com/pg/DHSPProjectGrad19/shop>

November 18

GUIDANCE NEWS

COLLEGE ADMISSIONS, SAT TESTING DATES, AND FINANCIAL AID EVENTS

UPCOMING COLLEGE ADMISSIONS REPRESENTATIVES VISITING DHS

Westpoint/U.S. Military Academy-Army (New York), Mon., Nov. 19th, at 9:15am
Syracuse University (New York), Wed., Nov. 28 at 8:30am

MILITARY REPRESENTATIVES VISITING

U.S. National Guard; Tue., Nov. 20 at 9:15am

Students interested in signing up to meet with one or more of the above college or military representatives can register on the home page of their Naviance account or contact Ms. Adams, Guidance Secretary at DHS.

INSTANT ADMISSIONS DAYS

The Guidance staff is pleased to offer three Instant Admissions Days this November where seniors who have applied through the Common Application to one of the following universities can receive an on-the-spot admission decision. Seniors should plan to submit their admission materials through the Common Application two weeks before the instant admission day. Sign up for one or all of these days at this link : <https://www.signupgenius.com/> .

Click the Search Icon and under Sign-up Creators

Email type:

cherrf@portlandschools.org

Complete the *Not a Robot* puzzle and Sign up!

University of Maine at Orono-Monday, Nov. 19 at DHS

University of New England-Tuesday, Nov. 20 at DHS

There is more room for students to sign up for UNE!! See Mr. Cherry ASAP if interested.

FREE COLLEGE PREP SERIES FOR PARENTS AND STUDENTS

SPONSORED BY GATEWAY COMMUNITY SERVICES

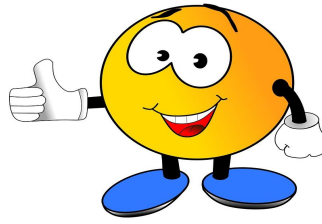
NOVEMBER 27, 28, AND 29

501 FOREST AVE.

5-8PM

This three-part series will go over topics such as **College Interviews, College Essay Writing, and Paying for College**. This event is open to all interested families in the Portland area. If you have any questions, call 207-536-1590 or email Abdullahi Ali at abdullahi.ali@gatewaycommunityservices.org

Huge Thank You to all the Parents and Students that came out to learn about Deering's College Process and Timeline for 9th, 10th and 11th graders last Tuesday. It was a packed crowd!



It's such a popular event-We are offering it again!

College Process & Timeline for Freshman, Sophomore, and Junior Students and their Families

**Tuesday, February 12th (Snow Date Feb. 13th), 6:00-7:30pm at Deering High
(This evening is also open to your child. Make it a family event!)**

Find out about the ins and outs of how to maneuver through the college admissions process. Topics discussed will include how to create a list of appropriate schools, SAT/ACT testing, how to make the most out of college visits and how college financial aid works.

DEERING PARENTS OF CURRENT 9TH, 10TH, AND 11TH GRADERS SHOULD ALSO CHECK OUT THE FOLLOWING ADVICE FROM NATIONALLY RECOGNIZED COLLEGE EXPERT, LYNN O'SHAUGHNESSY

Lynn O'Shaughnessy is a higher-ed journalist , speaker and educator. She is perhaps best known for writing a college blog for CBS' MoneyWatch. Author of an Amazon bestseller, *The College Solution: A Guide for Everyone Looking for the Right School at the Right Price*, Ms. O'Shaughnessy's goal is to help families with teenagers become smart college shoppers as they search for schools. There is a variety of helpful information about how to choose colleges, make the most of college visits, and best strategies to find colleges that are affordable to your family at her site: www.thecollegesolution.com .

THE FAFSA (FREE APPLICATION FOR FEDERAL STUDENT AID) IS NOW AVAILABLE FOR COLLEGE BOUND SENIORS AND THEIR PARENTS TO COMPLETE.

The Finance Authority of Maine (FAME) has numerous free resources and helpful checklists for families of college bound seniors. Here are two great links for that information: **Get Ready to**

File the FAFSA:

<https://www.famemaine.com/wp-content/uploads/2018/09/FAFSA-Checklist-2019-20.pdf>

And

A Short Video of a Step by Step Guide for Filing the FAFSA

<https://www.youtube.com/watch?v=CO4iwKHJgQo&feature=youtu.be>

DO YOU HAVE QUESTIONS ABOUT COLLEGE FINANCIAL AID? NEED ONE ON ONE HELP TO COMPLETE YOUR FAFSA?

If you or your senior child need any assistance in completing the FAFSA; Floreka Malual of the Finance Authority of Maine is available every Monday in the Make It Happen room next to the Deering Guidance office from 12:25-1:15. Ms. Malual can also be contacted at fmalual@famemaine.com or by phone at 207-620-3530 if you have any questions or want to schedule an appointment with her.



Important Upcoming PSAT and SAT Testing Dates

SAT/Subject Tests- Test Date on Saturday, December 1, 2018 Registration Deadline is Nov. 2/Late Deadline (for an additional fee) is Nov. 20th **THE DECEMBER SAT IS THE LAST SAT THAT SENIORS PLANNING TO ATTEND COLLEGE IN THE FALL OF 2019 CAN TAKE PRIOR TO

MOST COLLEGE APPLICATION DEADLINES. IF YOUR SENIOR CHILD WANTS TO HAVE HIGHER SATS TO SUBMIT, THIS IS THEIR LAST CHANCE TO DO IT.

SAT/Subject Tests- Test date on Saturday, March 9, 2019 Registration Deadline is Feb. 8/Late Deadline (for an additional fee) is Feb. 27th

Any 11th or 12th grader who wants to take an SAT in Dec. or March can register here:

<https://collegereadiness.collegeboard.org/sat/register>

PSAT SCORE RESULTS ARE COMING SOON!!

Current 10th and 11th graders that took the PSAT in October should be expecting the CollegeBoard to post those test scores on their website within the first couple weeks of December.

Guidance Counselors will return hard copies of PSAT scores to students in December with a brief tutorial on how to read & understand scores as well as how best to practice through Khan Academy in order to boost performance.

Current Juniors should be practicing NOW via Khan Academy in preparation for the school day SAT scheduled in April! If you or your child have questions about this, please contact the Guidance Office (874-8264).

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Scholarships, and Resources for Finding Them

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When students in Maine are exploring how they'll pay for college, they will find plenty of options available including federal and state aid, as well as scholarships, grants and student loan options. Applying for scholarships and grants can take some time and research as they are sometimes competitive. That time is often well worth it since students can graduate with less debt if they receive them.

Here are some reputable resources for scholarship searches:

FAME (the Financial Authority of Maine) lists many scholarship and financial aid resources on their website (famemaine.com). Look through the [Maine Scholarships](#) list and have your student apply to several. This is the best site we have found for advice on paying for college. **MES** is another scholarship resource, as in the [Maine Community Foundation](#).

We found a good resource for scholarship information from Reviews.com. This is a website “dedicated to conducting data driven and unbiased research about topics that can help make an impact in people's lives.” Below is a link that covers the best scholarship search sites, what you should know about scholarships, and how best to apply, etc: [Reviews.com scholarship search](#)

LendEdU for scholarships and search tips:

<http://lendedu.com/blog/scholarships>

ATTENTION PARENTS OF JUNIORS!!! LOOKING FOR SCHOLARSHIP MONEY FOR YOUR CHILD’S COLLEGE? BEGINNING WITH STUDENTS IN THE DHS CLASS OF 2020, COLLEGEBOARD WILL BE AWARDING SCHOLARSHIPS RANGING FROM \$500-\$40,000. WOW!!!! EVEN BETTER-THIS SCHOLARSHIP DOESN’T REQUIRE AN ESSAY OR AN APPLICATION. READ ON FOR DETAILS.

Juniors have the opportunity to get scholarship \$ just by following the steps necessary to get into college. By clicking on the following link and following the simple guide that tells juniors how to apply and pay for college in six easy steps, they are automatically enrolled in CollegeBoard’s Opportunity Scholarship. Here is the link which includes a video and simple directions for applying: <https://opportunity.collegeboard.org/>

LOCAL PORTLAND AREA AND/OR STATE OF MAINE SCHOLARSHIPS

The Clyde Russell Scholarship Fund

The Clyde Russell Scholarship Fund was created by the Maine Education Association through a trust established by the late Audrey Lewis. Mrs Lewis, President of the Maine Teachers Association in 1958, named the fund after Clyde Russell who served as Executive Director from 1945-1966. High School Seniors who will attend a Four-Year College after graduation can earn an award up to \$10,000. There is a 2nd Clyde Russell Award for High School Seniors planning to attend a Two-Year Community College after graduation. They can receive up to \$2000. Applications must be obtained by going to the following website: www.clyderussellscholarshipfund.org . Applications can be downloaded between Oct. 1, 2018 and Jan. 31, 2019. Deadline for submission is Feb. 1, 2019.

The Stephen Phillips Memorial Scholarship Fund

The Stephen Phillips Scholarship Fund offers renewable, 4-year scholarships to students from New England with financial need. Successful candidates are those who display academic achievement, service to others, good character, leadership qualities, and a history of part-time employment. We also value demonstrated grit and resiliency in students who have faced

significant challenges. This year' Phillips new and renewable awards total over \$3.3 million. Including \$382,000 to 45 Maine students for the 2018-19 academic year. Deering 2018 graduate, Husna Munezero won a Phillips scholarship last year and is currently attending Columbia College in Missouri. Applications will be posted on the website www.phillips-scholarship.org in December 2018 . Applications are due at noon on May 1, 2019.